

Herrar Motion 23.2km

Plac	Nr	Klass	Förnamn	Efternamn	Klubb	Totaltid	varv 1	varv 2	varv 3	varv 4
1	199	H Motion kort	Carl Henrik	Niper	IKJ Haninge	1:16:06	00:18:35	00:17:41	00:21:19	00:18:31
2	142	H Motion kort	Björn	Viggeborn	klubblös	1:35:40	00:21:36	00:23:30	00:24:19	00:26:15
3	101	H Motion kort	Glenn	Karlsson	OK Roslagen	1:45:30	00:24:03	00:25:57	00:26:50	00:28:40
4	197	H Motion kort	Börje	Lindgren	Häverödals SK	1:48:39	00:25:35	00:27:25	00:27:25	00:28:14
5	158	H Motion kort	Mikael	Torngren	Roslagsbro IF	1:50:55	00:26:08	00:27:27	00:27:45	00:29:35
6	200	H Motion kort	Mats	Frost	OK Roslagen	1:52:12	00:26:45	00:28:15	00:28:05	00:29:07
7	198	H Motion kort	Tommy	Larsson	Estuna IF	1:52:47	00:24:26	00:27:54	00:28:30	00:31:57
8	258	H Motion kort	Joel	Wahlqvist	OK Roslagen	1:55:01	00:26:45	00:29:40	00:27:55	00:30:41
9	256	H Motion kort	Tomas	Wahlqvist	OK Roslagen	1:56:03	00:26:25	00:28:55	00:29:00	00:31:43
10	257	H Motion kort	Jonas	Christiernin	Klubblös	2:05:38	00:26:45	00:32:35	00:32:25	00:33:53
11	195	H Motion kort	Allan	Kontiainen	klubblös	2:22:11	00:33:18	00:36:52	00:35:05	00:36:56
12	196	H Motion kort	Per	Berge	klubblös	2:22:13	00:33:18	00:36:52	00:35:05	00:36:58
13	129	H Motion kort	Kjell	Eriksson	klubblös	2:27:34	00:32:50	00:34:35	00:37:05	00:43:04